

Contamination Detectives

Activity Guide

In this activity learners will gain an awareness of the transmission of bacteria and show how easily germs can spread from person to person and on to different surfaces around the house and school.

Suitable for: age 7-11

Estimated duration: 30 minutes

You will need:

- Glo Germ™ Gel or powder
- UV torch
- Worksheet
- Contamination marker cards
- Biohazard tape (optional)

Sourcing Glo Germ™

Glo Germ™ is available from the following website:

- <https://www.glogerm.co.uk/>

(This is not an endorsement; other suppliers are available).

Introduction

Bacteria can be easily spread through families and communities due to poor hygiene. When we have a cold we often sneeze or cough into our hands to prevent the spread of the illness. But if we don't wash our hands immediately we can easily transfer those germs to someone else. Hand washing is therefore a really important way of preventing infections spreading from person to person.

Safety Notes

The Glo Germ™ product is non-toxic and non-staining. However when running the activity please ensure that you:

- only apply Glow Germ™ to the students hands

Safety Notes (continued.)

- tell the students not to touch their faces or anyone else's whilst the Glow Germ™ is on their hands
- Ensure that all students wash their hands thoroughly at the end of the activity

If using an alternative product please check with the manufacturer that it is suitable for this activity.

The UV LED torch should only be operated by the supervising adult or activity leader. When using the torch please ensure that the torch is pointed at the floor, work surfaces or students' hands.

Under no circumstances should the torch be pointed at anyone's face.

Activity Preparation

Room set up (prior to students arriving)

Glo Germ™ is used to represent generic “bacteria” that can be spread through human contact and left on household surfaces. Prior to the students arriving you need to create a “contamination scene” in your classroom.

Choose five places in the room to mark as places of “contamination”, e.g. things you would have touched or picked up as part of a daily routine such as a door handle, desk work surface, chair, blackboard etc. Either brush these areas with the Glo Germ™ powder to imitate an area of bacterial contamination or apply the gel to your hands and make hand print or fingerprint marks on the chosen surfaces. Make sure the places you choose are easy to clean afterwards.

Running the activity

1. Setting the scene

Explain to the students that they are “Contamination Detectives”. Earlier today someone didn't wash their hands after sneezing or visiting the toilet and they have to identify places in the room where bacteria have been spread.

As a group, encourage the students to think and discuss which items would most likely have been touched or leant against.

Encourage students to make a list of five places where they think they will find bacteria using their worksheet.

2. Identifying the contamination sites

As a group, visit all of the places suggested and use the UV torch to identify if there are any “bacteria” to be found. Remember: only the adult group leader should use the torch (see safety notes).

Once a contamination site has been detected, place a yellow contamination marker card at this location for the group to see.

Completing the worksheets

Students should complete the worksheets during the activity so they can feedback their results.

For a focused discussion you can record the results on a flip chart or whiteboard. This can be used to encourage discussion about their ideas and help the students to answer the final question on their worksheet: *What are the best ways to prevent bacteria and other microbes spreading to other surfaces?*

The best way to prevent bacteria and other microbes from spreading is to regularly wash your hands with warm water and soap especially after sneezing, visiting the bathroom, playing outside or handling animals. To prevent the spread of harmful bacteria it is also important to regularly clean surfaces that come into contact with food such as kitchen tables or work surfaces.

Further information and resources

Additional sources of information on the web for teachers and students to increase their knowledge of pathogens include:

E-bug

E-bug is an online antibiotic and hygiene teaching resource aimed at Early Years, Key Stage 1, Key Stage 2, Key Stage 3 and Key Stage 4 students. Operated by the UK Health Security Agency (UKHSA), it involves a consortium of 27 partner countries. It has a range of games, interactive quizzes, disease fact sheets and much more.

<https://www.e-bug.eu/>

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BBC classroom clips

These pages offer video clips to support the teaching of bacteria in the classroom. Some recommended clips to support this activity are listed below.

- Seeing the bacteria carried on hands: <https://www.bbc.co.uk/programmes/p01189yw>
- The importance of handwashing in food hygiene: <https://www.bbc.co.uk/bitesize/watch/zbrfy9q>